



# Day 4 Snack Idea—Troubled Hearts



**Our theme for today: No matter how you feel, Trust God!**

## Snack Assembly:



1. Use a cookie cutter to make as many hearts as possible in each pan of gelatin. *Make the hearts very close together so you can get lots of snacks from each pan.*



2. Use a spatula to move each heart from the pan to a plate. *(This is a Crew Leader job.)*



3. Use a plastic knife to cut strawberries in half to make a heart shape. Put six strawberry "hearts" into a cup.



4. Scoop six spoonfuls of whipped topping "clouds" into a cup.

## Ingredients:

- Strawberries (cut in half)**
- Heart cookie cutter**
- Jello (any color)**
- Whipped topping**



### Today's Special

# Troubled Hearts



**"Don't let your hearts be troubled. Trust in God..." (John 14:1)**

Spoon some whipped topping over your blue heart. That reminds us how God's love surrounds us in hard times. Place a strawberry "heart" over the whipped topping. When we're feeling shaky, sad, or "blue," God's love gives us strength.

# SKYDIVE DINER